

## ***Morgan County Emergency Rescue Squad*** **Search and Rescue Pack**

**The following items are recommended for a SAR Day Pack. Weight should be kept at a minimum, but items necessary for 24 hrs of self sufficiency should always be included. Clothes should be chosen for the time and season. Boots for hiking should always be worn.**

- ◆ Trail Food (energy bars, etc.)
- ◆ Water-2 quarts
- ◆ Knife (Swiss Army Knife/Leatherman Tool)
- ◆ Fire Starter – with a backup
- ◆ Candle
- ◆ Compass
- ◆ GPS receiver
- ◆ Map
- ◆ Whistle (Not metal)
- ◆ Flashlight (with extra batteries)
- ◆ Signal Mirror (Unbreakable)
- ◆ Pencil and Paper
- ◆ Permanent Marker Sharpie
- ◆ 50' of ¼" Nylon Rope
- ◆ Tarp style space blanket 6' X 8'
- ◆ Emergency Space Blanket
- ◆ Triangular Bandage
- ◆ Small roll of toilet paper
- ◆ Personal First Aid Kit
- ◆ Surveyors Flagging Tape
- ◆ Bug Repellent
- ◆ Walking Stick
- ◆ 5 to 10 ft of Duct Tape